

1	360	Holmes	Ian	Bingley Harriers		01:29:33
2	39	Jebb	Rob	Bingley Harriers		01:30:40
3	148	Rodgers	David	Lochaber Athletic	AI	01:31:06
4	221	Booth	Simon	Borrowdale Fellrunners		01:32:52
5	282	Whitfield	Matthew	Bingley Harriers	EG	01:38:24
6	237	Brittleton	Peter	Howgill Harriers		01:39:07
7	227	Lawrence	Robin	Bingley Harriers		01:40:03
8	132	Brooks	John	Lochaber Athletic	A	01:40:37
9	331	Jackson	Steve	Horwich RMI	D	01:40:54
10	302	Schofield	Andrew	Borrowdale Fellrunners		01:41:03
11	25	Wright	Jonathan	Todmorden Harriers	H	01:41:20
12	323	Devine	Gary	Pudsey & Bramley		01:41:44
13	106	Gallagher	Ronnie	Westerlands	C	01:43:10
14	308	Rank	Julian	Holmfirth Harriers	C	01:43:41
15	464	Anthony	Alasdair	OchilHill Runners	E	01:43:59
16	60	Gorman	Manuel	Westerlands		01:44:47
17	460	Magee	Ian	Skipton AC	E	01:45:37
18	223	Kennedy	Peter	Lochaber Athletic	A	01:45:55
19	403	Breaks	Adam	Calder Valley		01:45:59
20	369	Bailey	Gary	ACKC	E	01:47:06
21	498	Johnson	Alex	Macclesfield	E	01:47:29
22	301	Smith	Bruce	Standard Life AC	C	01:48:08
23	163	Whittet	Jeremy	Keith & District		01:48:36
24	303	Hoyle	Stephen	Rossendale	EG	01:48:51
25	241	Shaw	Mark	Lochaber Athletic	A	01:48:58
26	54	MacRae	John	Lochaber Athletic	AC	01:49:10
27	349	Bennet	Sandy	EZ Carnegie Harriers	C	01:49:25
28	470	Limbu	Kumar	BNRA	E	01:49:27
29	126	Hicks	Stephen	Borrowdale Fellrunners	C	01:49:43
30	328	Shaw	Andrew	Holmfirth Harriers	C	01:49:56
31	294	Paterson	Donald	Lochaber Athletic	A	01:50:00
32	339	Whitfield	R E	Bingley Harriers	D	01:50:23
33	209	Munro	David	Lochaber Athletic	AC	01:50:26
34	296	Simpson	Stuart	OchilHill Runners		01:50:46
35	23	MacLean	Paul	Lochaber Athletic	A	01:50:55
36	174	Campbell	Ruairidh	Arbroath Footers		01:51:12
37	114	Shaw	Richard	Lochaber Athletic	AC	01:51:18
38	386	Anderson	Adam	Carnethy HRC		01:51:36
39	446	McDonald	Dennis	Cosmic Hillbashers	C	01:51:44
40	346	Beaty	Andy	Cumberland	CH	01:52:03
41	377	Arnott	Luke	Westerlands	E	01:52:08
42	281	Armstrong	David	Northumberland	C	01:52:36
43	397	Cumming	Mike	Highland Hillrunners		01:52:51
44	333	Munro	Graham	Lochaber Athletic	AE	01:52:58
45	454	Urmston	Colin W	Clayton Le Moors	CE	01:53:06
46	428	Pattinson	Richard	Pudsey & Bramley	E	01:53:13
47	229	Horsley	Simon	Howgill Harriers	C	01:53:25
48	9	Upson	Chris	Westerlands	C	01:53:37
49	68	Carr	Kieran F	Clayton Le Moors	D	01:53:48
50	107	Rumgay	Kenneth	Lochaber Athletic	A	01:54:02
51	70	Holt	Jack	Clayton Le Moors	D	01:54:26
52	244	Walker	A	Royal Navy AC	CG	01:54:29
53	210	Murray	David	OchilHill Runners	C	01:54:36
54	266	Templeman	Simon	OchilHill Runners		01:54:41
55	30	Horsfall	Andrew G	Todmorden Harriers	C	01:54:46
56	222	Cairns	George	Lochaber Athletic	A	01:55:00
57	491	Davison	Robert	Dark Peak		01:55:00

58	473	Stevenson	Brian	Pudsey & Bramley	C	01:55:25
59	40	Taylor	Sharon	Bingley Harriers	L	01:55:54
60	434	Davies	Chris	Saddleworth Runners	D	01:56:10
61	344	Irving	Roger	Annan	C	01:56:25
62	130	Delaney	Kevin	Skye & Lochalsh	C	01:56:48
63	8	Anderson	Laurie	Fife AC	C	01:56:53
64	300	Cunningham	Michael	Borrowdale Fellrunners		01:57:15
65	492	Bamber	Steven	Preston Harriers	C	01:57:21
66	284	Richens	Trevor	Westerlands	E	01:57:25
67	81	Robinson	Andrew	Clayton Le Moors	D	01:57:32
68	404	Kendall	Mark	Newcastle AC		01:57:45
69	367	Donaldson	Roy	ACKC	E	01:57:53
70	415	Fudge	Steven	Lochaber Athletic	A	01:57:56
71	329	Simpson	Geoff	Hunters Bog Trotters	C	01:57:56
72	286	MacLeod	Andrew	Lochaber Athletic	A	01:58:08
73	48	McMahon	Gary	BNRA	C	01:58:10
74	400	Tweedie	Craig	Ambleside AC	E	01:58:10
75	268	Pryde	Gordon	Lomond Hillrunners	C	01:58:11
76	167	Wyatt	Steven	Pennine Fellrunners	C	01:58:25
77	15	White	David	J W Kilmarnock		01:58:30
78	75	Stewart	John	Lochaber Athletic	A	01:58:55
79	49	Elliott	Simon	Notts AC	C	01:58:56
80	143	Craig	Andrew	Lochaber Athletic	AG	01:59:07
81	265	Lancaster	Nick	Skye & Lochalsh	D	01:59:29
82	37	Nutter	Mark	Clayton Le Moors		01:59:40
83	489	Kelly	Paul	Darlington Harriers	C	01:59:44
84	342	Durn	Chris	Standard Life AC	CE	01:59:57
85	257	Maitland	John R	Lochaber Athletic	AC	02:00:09
86	36	Wombwell	Stephen	Beacon Runners	C	02:00:12
87	482	Giles	Steve	Kettering Town Harriers	E	02:00:16
88	347	Beaty	Kate	Cumberland	CL	02:00:22
89	431	Gray	Stuart	Lochaber Athletic	AC	02:00:37
90	393	Nuttall	John R	Clayton Le Moors	D	02:00:47
91	322	McBurney	Brian	Newcastle AC		02:01:01
92	217	Moriarty	Carl	Pennine Fellrunners	C	02:01:14
93	352	Whitelaw	Mark	Annan	E	02:01:39
94	228	McGuire	Alex	Fife AC	D	02:01:50
95	442	Scott	David	OchilHill Runners	CE	02:01:52
96	57	MacBeath	Niall	Lochaber Athletic	A	02:01:54
97	20	Arnott	Neil	Lochaber Athletic	AE	02:02:00
98	355	Oliphant	Crawford	Carnethy HRC		02:02:07
99	12	Brady	Martin	Clayton Le Moors	C	02:02:25
100	368	Herron	Samuel	ACKC	E	02:02:34
101	362	Clare	Sean	Clayton Le Moors	E	02:02:42
102	358	Bell	Richard	Carnethy HRC		02:02:47
103	383	Cannon	Russell	Helm Hill Runners	C	02:03:16
104	255	Davis	Geoff	Northumberland	C	02:03:17
105	147	McNeilly	Glen	Lochaber Athletic	AE	02:03:36
106	64	Clawson	Stephen	Rosendale		02:03:56
107	136	Egan	John	Bingley Harriers		02:04:21
108	398	Atkinson	David	Northumberland	C	02:04:29
109	390	Clegg	Tim	Keighley & Craven	C	02:04:38
110	396	Owens	David	Keswick AC	C	02:04:59
111	450	Williamson	Jason	Garioch Road Runners		02:05:00
112	433	Crabtree	Paul	Keighley & Craven		02:05:03
113	478	Walsh Jr	Paul	Lytham St Annes	E	02:05:04
114	28	Worswick	Neil D	Clayton Le Moors		02:05:09

115	340	McCallum	Tom	Lochaber Athletic	AE	02:05:15
116	258	Howard	Michael	Radcliffe AC	C	02:05:20
117	456	Laing	Martin	Fife AC	C	02:05:26
118	278	Cant	Stephen	Lochaber Athletic	A	02:05:36
119	52	MacLeod	Murdo	Westerlands	D	02:05:39
120	16	Broadley	Drew	Lochaber Athletic	AC	02:05:42
121	46	Hodgson	Philip	Todmorden Harriers	C	02:05:46
122	276	Taylor	Nat	Girvan AC	D	02:06:05
123	218	Thompson	Lee	Clayton Le Moors	C	02:06:12
124	399	Brown	Philip K	Highland Hillrunners	D	02:06:18
125	423	Doidge	John	Dartmoor Runners	CE	02:06:20
126	164	Gorgas	Steffen	Westerlands	E	02:06:26
127	353	MacKellaig	Iain	Lochaber Athletic	A	02:06:44
128	72	Lee	Andrew	Rosendale		02:07:04
129	97	Buchanan	Peter	OchilHill Runners	C	02:07:13
130	283	Whitfield	Beverley	Clayton Le Moors	L	02:07:20
131	175	Brannan	Terry	Lothian	C	02:07:33
132	271	MacNab	Graham S	Lochaber Athletic	AC	02:08:08
133	429	Fairhurst	Russell	Keighley & Craven	CE	02:08:15
134	317	Webb	Mike	Tria Team Selinastadt	E	02:08:43
135	310	Bell	David	Newcastle AC	C	02:09:02
136	202	Preston	John	Keighley & Craven	C	02:09:18
137	56	Rogers	David	Westerlands	C	02:09:30
138	275	Ward	David	Cumberland	H	02:09:38
139	475	Waterworth	David	Clayton Le Moors	C	02:09:44
140	115	Shaw	Lyndsey	Lochaber Athletic	AL	02:10:01
141	270	Berry	Michael	Bingley Harriers	I	02:10:08
142	42	Walmsley	A J	Clayton Le Moors	D	02:10:09
143	363	McCraw	Ron	OchilHill Runners	CE	02:10:27
144	79	Terry	Martin	Clayton Le Moors	CE	02:10:27
145	371	Roberts	Clive	Dundee Hawkhill	C	02:10:33
146	142	Robinson	Mick	Notts AC	C	02:10:35
147	260	Nicoll	Andrew	Bingley Harriers	E	02:10:45
148	264	Graham	Mark	Cumberland	CH	02:10:50
149	238	Boler	Neville	Dark Peak	D	02:10:52
150	21	Brett	Alex	Highland Hillrunners	DF	02:10:58
151	438	Crowther	Andrew	Lancaster & Morecambe	E	02:11:13
152	170	MacGillivray	Jock	Lochaber Athletic	A	02:11:20
153	402	McGarry	Douglas	EZ Carnegie Harriers	C	02:11:23
154	471	Honeyman	Steven	North York Moors	C	02:11:26
155	110	Legge	Sarah	EZ Carnegie Harriers	L	02:11:28
156	7	Scott	Nigel	Westerlands	E	02:11:33
157	325	Turner	Ronnie	Lochaber Athletic	AC	02:11:46
158	332	Love	Charles S	Dundee Hawkhill	D	02:11:48
159	95	McAndrew	Colin	Lochaber Athletic	ACI	02:12:11
160	272	Edge	Glenn	Skye & Lochalsh	CE	02:12:27
161	249	Corner	Julie	Lochaber Athletic	L	02:12:32
162	123	Scottney	Richard	Pennine Fellrunners	D	02:12:33
163	11	Sharples	Jon	Clayton Le Moors	C	02:12:51
164	14	Carmont	Mike	Eryri Harriers		02:13:06
165	108	MacDonald	Iain	Highland Hillrunners	CJ	02:13:14
166	213	Gillespie	Robin	Eden Runners		02:13:25
167	89	Smith	Jane	Todmorden Harriers	CL	02:13:39
168	43	Powell	Ross	Eryri Harriers	C	02:13:42
169	391	Duggan	Peter	Lochaber Athletic	ACE	02:13:55
170	193	Askwith	Richard	Keswick AC	C	02:14:01
171	67	Appleby	Jonathan	Highland Hillrunners	C	02:14:03

172	146	McNeilly	Marion	Lochaber Athletic	AEL	02:14:37
173	62	Wilson	Stephen K	Cumberland	CI	02:14:37
174	309	Thornley	Gavin	Carnethy HRC		02:14:41
175	90	Leonard	Richard	Todmorden Harriers	CH	02:14:48
176	34	Holt	David	Rossendale		02:15:20
177	425	Foster	Mark	Edinburgh Road Club	CE	02:15:53
178	150	Halenko	Roman	Clayton Le Moors	D	02:16:14
179	453	Scott	Callum	Northern Constabulary	AEH	02:16:25
180	77	Horsfield	Richard	Dark Peak	C	02:16:47
181	289	Rogan	Kevin	Wharfedale Harriers	C	02:16:51
182	299	Rogan	Kate	Wharfedale Harriers	BL	02:16:51
183	395	Sewell	R E	Morpeth Harriers	C	02:16:59
184	412	Wilson	Alan	Skye & Lochalsh	C	02:17:06
185	51	Firth	Andrew	Clayton Le Moors	C	02:17:08
186	318	Browning	Peter	Clayton Le Moors	C	02:17:14
187	191	Staveley	Andy	Burnden Roadrunners	CE	02:17:26
188	111	Bowie	Tom	EZ Carnegie Harriers	D	02:17:43
189	3	Bowman	Angus	Beacon Runners	C	02:17:47
190	22	Brooks	Billy	Lochaber Athletic	AD	02:17:51
191	413	Wilson	Colin	Carnethy HRC	CE	02:17:56
192	152	Mills	Celia	Kenilworth RC	L	02:17:58
193	120	Dobson	Kevin	Bingley Harriers	CF	02:18:08
194	463	Stewart	James	Lochaber Athletic	AD	02:18:49
195	41	Dewhurst	Nigel	Clayton Le Moors	C	02:19:08
196	384	Bray	Kevin	Northumberland	CH	02:19:19
197	195	Ralston	Stephen	Lancaster & Morecambe	C	02:19:22
198	387	Abercrombie	Colin	Capricorn	EJ	02:19:24
199	185	Kent	Paul	Cambridge Harriers	CK	02:19:33
200	109	Allison	Bob	Fife AC	C	02:19:46
201	447	Rankin	Iain A	Greenock Glenpark	CE	02:19:53
202	366	Herron	Darren	ACKC	E	02:20:14
203	26	Blackhall	Amanda	Lochaber Athletic	AL	02:20:24
204	116	Johnson	Mary	Highland Hillrunners	CEL	02:21:49
205	207	Byrne	Sara	Lochaber Athletic	AJL	02:22:02
206	439	Mitchell	David	J W Kilmarnock		02:22:04
207	451	Diver	Michael	Clydesdale Harriers		02:22:08
208	474	Williams	Edwin	Eryri Harriers	C	02:22:24
209	385	Schofield	Sharon	Borrowdale Fellrunners	EL	02:22:35
210	409	Fegan	Paul	Newcastle AC	E	02:22:52
211	2	Hunter	Bill	Holmfirth Harriers	DE	02:23:00
212	139	Halliday	Robert W	Teviotdale Harriers	C	02:23:22
213	472	Warren	Arthur	Radcliffe AC	D	02:23:37
214	179	Pollitt	Martyn	Burnden Roadrunners	CE	02:23:43
215	448	Jebb	Pete	Bingley Harriers		02:23:49
216	477	Nicholson	David	Preston Harriers	C	02:23:54
217	91	Mitchell	Robert W	Clayton Le Moors	D	02:24:06
218	181	Ross	Colin	Lochaber Athletic	AI	02:24:18
219	27	Blackhall	Keith	Lochaber Athletic	A	02:24:19
220	87	Nield	David L	Clayton Le Moors	C	02:24:22
221	487	Forster	Stephen	Preston Harriers		02:24:53
222	128	Orr	Ernie	Lochaber Athletic	AD	02:24:53
223	462	Pugh	Roderick	J W Kilmarnock	C	02:24:56
224	243	MacPherson	Bryan	Lochaber Athletic	ACF	02:25:07
225	277	O'Neill	John	Lochaber Athletic	AC	02:25:12
226	168	Farquharson	David R	Pitreavie	C	02:25:13
227	225	Brierley	Kathleen	Todmorden Harriers	CEL	02:25:18
228	479	Copeland	Barry	Stonehaven Splash 'n' dash	CE	02:25:21

229	173	Milmoe	Michael	Forres Harriers	D	02:25:23
230	378	Muir	David	Lomond Hillrunners	CE	02:25:27
231	215	Goodyear	Ian	Bingley Harriers	D	02:25:30
232	220	Gow	Elizabeth N	Lochaber Athletic	AEL	02:25:35
233	315	Osborn	David	Lomond Hillrunners	C	02:25:40
234	382	Milne	Ronald W	Forfar Roadrunners	C	02:26:09
235	129	Methold	Henry	Lochaber Athletic	AC	02:26:13
236	381	Crossley	Tony	East Grinstead & Dist	DK	02:26:23
237	32	Lees	George	Pitreavie	C	02:26:33
238	10	Barr	Andrew	Mid Argyll	C	02:26:47
239	314	O'Keeffe	Steven	Cumberland		02:27:08
240	93	Gardner	Stewart	Northumberland	D	02:27:19
241	343	Smith	Ian	Bolton United Harriers	D	02:27:38
242	138	Jagan	Peter	Bingley Harriers	D	02:27:55
243	316	Logan	Tony	Lancaster & Morecambe	D	02:28:04
244	134	Marshall	Ian	Cambridge Harriers	DK	02:28:08
245	172	McDonnell	Catherine	Lochaber Athletic	AEL	02:28:16
246	466	Murdoch	Fletcher	Maryhill Harriers	D	02:28:29
247	144	Decourcy	Graham	Cambridge Harriers	DK	02:28:45
248	169	Downie	Chris	Lothians & Borders Police	C	02:28:59
249	293	Doyle	John F	Lancaster & Morecambe	D	02:29:05
250	236	Bates	Paul	Lancaster & Morecambe	D	02:29:09
251	84	Ashworth	Kieron	Clayton Le Moors		02:29:13
252	180	Murgatroyd	Ian	Dumfries Running Club	C	02:29:31
253	6	MacDonald	Nicky	Lochaber Athletic	AL	02:29:35
254	58	Whyte	Alexander	Highland Hillrunners	C	02:29:48
255	203	Lennie	Andrew	Carnethy HRC	C	02:29:53
256	124	Hargreaves	William	West Yorkshire Police	DH	02:30:01
257	295	Horsley	Brian	CVF	DI	02:30:01
258	326	Allen	Ken	Notts AC	DE	02:30:10
259	151	Yeomans	Allan	Rosendale	C	02:30:14
260	194	Hall	Alex	Cambridge Harriers	CK	02:30:23
261	408	Eunson	Paul	Portobello	C	02:30:26
262	267	West	Alison	EZ Carnegie Harriers	DL	02:30:45
263	254	Jardine	Jimmy	Lochaber Athletic	D	02:31:00
264	417	McDougal	George	Morpeth Harriers	CE	02:31:00
265	490	Thompson	Fabienne	EZ Carnegie Harriers	L	02:31:27
266	82	Lee	John	Todmorden Harriers	C	02:31:32
267	291	Modley	Paul	Lancaster & Morecambe	C	02:31:37
268	392	Wolfendale	David	Bowland	D	02:31:46
269	197	Walker	David	Lochaber Athletic	AD	02:31:54
270	374	Sharratt	Nicky	Lochaber Athletic	AEL	02:32:14
271	324	Bennett	Mark	Wharfedale Harriers		02:32:22
272	457	McLoughlin	Michael	Preston Harriers	DE	02:32:38
273	269	Jones	Philip	Prestatyn Running Club	DE	02:33:12
274	445	Booth	Brian F	Radcliffe AC	D	02:33:31
275	443	Leal	Andrew	Ryde Harriers	C	02:33:45
276	259	Puttock	Simon	Stirling Triathlon		02:33:50
277	160	Strachan	Graham F	Aberdeen Metro		02:33:55
278	159	White	Paul	OchilHill Runners	E	02:34:04
279	182	Marsh	John P	Teviotdale Harriers	D	02:34:14
280	253	McGuire	Kenneth	Fife AC	C	02:34:23
281	50	Brown	Rick	Lochaber Athletic	DF	02:34:28
282	17	Corbett	Garry	Pennine Fellrunners	C	02:35:02
283	149	Newell	Mark	Cambridge Harriers	CK	02:36:14
284	101	Wake	Adrian	Strathearn Harriers	C	02:36:17
285	178	Tull	David	Cambridge Harriers	DK	02:36:30

286	177	Gordon	Nicholas	Dumfries Running Club	E	02:36:40
287	192	Johnston	Stephen	Milburn Harriers	CE	02:36:50
288	306	Hack	Chris	Portsmouth Joggers	DK	02:36:58
289	29	Corris	Phil	Bowland	DH	02:37:02
290	186	Hirst	Robert	Clayton Le Moors	D	02:37:26
291	405	Prytherch	David S	Eryri Harriers		02:38:03
292	330	Beyts	Angus	Forfar Roadrunners	C	02:38:44
293	484	Ford	Michael	Bingley Harriers	D	02:38:47
294	187	Hill	Mike	Cumberland	C	02:39:08
295	414	Wilson	Joan	Carnethy HRC	CEL	02:39:23
296	483	Heath	Fred	Nuneaton Harriers	CE	02:39:57
297	5	Austin	Patrick	Cambridge Harriers	K	02:40:19
298	63	Sinclair	Andrew	Macclesfield		02:40:20
299	31	Taylor	Neil R	Calder Valley	C	02:40:29
300	74	Stewart	Carole	Lochaber Athletic	AL	02:40:45
301	137	Jagan	Anna	Edinburgh University	BEL	02:40:50
302	354	Symonds	Trevor	NYMAC	C	02:40:59
303	361	Walsh	Martin	Lytham St Annes	D	02:41:03
304	66	Williams	Gwilym	Clayton Le Moors	DE	02:41:14
305	80	Hayler	Mark	Lancaster & Morecambe	D	02:41:24
306	365	Marks	William	ACKC	E	02:41:32
307	388	Abercrombie	Mary	Capricorn	EL	02:41:40
308	421	Martin	Ally	Dartmoor Runners	EL	02:41:46
309	85	Gatehouse	Richard	Lomond Hillrunners	D	02:41:56
310	135	King	Alec	OchilHill Runners	C	02:42:14
311	183	Walker	David	Glossopdale	DE	02:42:18
312	280	Donaldson	Emmy	Lochaber Athletic	AEL	02:42:41
313	145	Glen-Riddell	D	Skye & Lochalsh	DE	02:42:42
314	196	Ford	David	Lochaber Athletic	ADE	02:42:54
315	47	Kirkdale	Brian	Hastings Runners	CK	02:43:37
316	375	Tomlinson	David	Howgill Harriers	D	02:44:04
317	242	Beveridge	Bob	Lomond Hillrunners		02:44:34
318	495	MacLennan	Lyn	Lochaber Athletic	AL	02:45:03
319	341	Tait	Richard	Darlington Quakers	D	02:45:37
320	154	Frost	Michael	Clayton Le Moors	C	02:45:46
321	359	Channing	Paul	Portsmouth Joggers	CK	02:46:19
322	485	Daly	Nick	Rosendale	C	02:46:19
323	337	Marshall	Peter	Todmorden Harriers	D	02:46:37
324	45	Goth	Mandy	Todmorden Harriers	CL	02:46:50
325	190	Greeley	Innes	Lothians & Borders Police	EH	02:46:57
326	401	Bindells	Bert	Lochaber Athletic	ADE	02:47:13
327	285	Morrison	Ellen	Lochaber Athletic	AL	02:47:37
328	273	Collins	Richard	Highland Hillrunners	D	02:48:45
329	455	Belfield	Brian	Staffordshire Moorlands	DE	02:49:29
330	245	Pullen	Les	Cambridge Harriers	CK	02:49:40
331	199	Johnson	Barry	Cumberland	D	02:49:48
332	465	Anderson	Adam	Dumfries Running Club		02:49:57
333	99	Whalley	Neil	Clayton Le Moors	D	02:50:02
334	467	Small	Michael	Portsmouth Joggers	CE	02:50:12
335	127	Holden	Graham D	Lancaster & Morecambe	C	02:51:13
336	335	Mills	Danny	York Postal Harriers	C	02:51:24
337	481	Lavery	Colin J	Cosmic Hillbashers	DE	02:51:49
338	426	Mitchell	Rob	Teviotdale Harriers	D	02:51:57
339	121	MacKintosh	Willie	Nithsdale AC	D	02:52:12
340	208	Aitken	Morag	Lochaber Athletic	ACL	02:52:22
341	83	Chapman	Barry	Todmorden Harriers	D	02:53:04
342	292	Yetton	David	Portsmouth Joggers	DK	02:53:09

343	184	Hughes	Bob	OchilHill Runners	D	02:55:54
344	468	Welsch	Brian T	BNRA	E	02:56:29
345	92	Roberts	Charlotte	Northumberland	CL	02:57:11
346	279	Coupland	Fraser	Lochaber Athletic	AC	02:57:21
347	204	Walsh	Paul	Lytham St Annes	D	02:58:14
348	214	Heywood	Kevin	Kendal AAC	D	02:58:50
349	231	Whyte	Angus	Lochaber Athletic	DE	02:59:00
350	430	Kendall	Ian	DML Running Club	CE	02:59:30
351	4	Bowman	Jean	Beacon Runners	CEL	02:59:50
352	73	Noble	Alastair	Girvan AC	D	03:00:25
353	98	Nairns	William	CSSC	G	03:00:46
354	499	Thompson	Michael	Dewsbury Road Runners	CE	03:06:46
355	112	Luijf	Paul	KRO	E	03:07:23
356	239	Drummond	Jim	Central AC	D	03:07:38
357	435	Nee	Shaun	Notts AC	DE	03:08:43
358	94	Stewart	Carolyn	Lochaber Athletic	ACL	03:10:16
359	411	Benny	Graham	Westerlands	D	03:11:11
360	319	Rumgay	Clare	Lochaber Athletic	AEL	03:17:59
361	336	Blenkinsop	Harry	Keswick AC	D	03:20:06
362	76	Wood	David	North Fylde	D	03:30:29
363	113	Brugman	Anton	KRO	E	03:30:49
364	348	Cant	Ailsa	Lochaber Athletic	AEL	03:40:29