

1	Daynes	Edward	Lochaber Athletic	A
2	Hunter	Bill	Holmfirth Harriers	DE
3	Bowman	Angus	Beacon Runners	C
4	Bowman	Jean	Beacon Runners	CEL
5	Austin	Patrick	Cambridge Harriers	K
6	MacDonald	Nicky	Lochaber Athletic	AL
7	Scott	Nigel	Westerlands	E
8	Anderson	Laurie	Fife AC	C
9	Upson	Chris	Westerlands	C
10	Barr	Andrew	Mid Argyll	C
11	Sharples	Jon	Clayton Le Moors	C
12	Brady	Martin	Clayton Le Moors	C
13	Miles	Steve	Keighley & Craven	
14	Carmont	Mike	Eryri Harriers	
15	White	David	J W Kilmarnock	
16	Broadley	Drew	Lochaber Athletic	AC
17	Corbett	Garry	Pennine Fellrunners	C
18	Mudge	Angela	Carnethy HRC	L
19	Presly	Sandy	Wolds Veterans	D
20	Arnott	Neil	Lochaber Athletic	AE
21	Brett	Alex	Highland Hillrunners	DF
22	Brooks	Billy	Lochaber Athletic	AD
23	MacLean	Paul	Lochaber Athletic	A
24	Poulter	Ray	Todmorden Harriers	D
25	Wright	Jonathan	Todmorden Harriers	H
26	Blackhall	Amanda	Lochaber Athletic	AL
27	Blackhall	Keith	Lochaber Athletic	A
28	Worswick	Neil D	Clayton Le Moors	
29	Corris	Phil	Bowland	DH
30	Horsfall	Andrew G	Todmorden Harriers	C
31	Taylor	Neil R	Calder Valley	C
32	Lees	George	Pitreavie	C
33	Rodger	David S	Lochaber Athletic	A
34	Holt	David	Rosendale	
35	Lewis	Christopher	Ryde Harriers	CK
36	Wombwell	Stephen	Beacon Runners	C
37	Nutter	Mark	Clayton Le Moors	
38	Brook	Jonathan	Bingley Harriers	E
39	Jebb	Rob	Bingley Harriers	
40	Taylor	Sharon	Bingley Harriers	L
41	Dewhurst	Nigel	Clayton Le Moors	C
42	Walmsley	A J	Clayton Le Moors	D
43	Powell	Ross	Eryri Harriers	C
44	Smith	James	Todmorden Harriers	D
45	Goth	Mandy	Todmorden Harriers	CL
46	Hodgson	Philip	Todmorden Harriers	C
47	Kirkdale	Brian	Hastings Runners	CK
48	McMahon	Gary	Notts AC	C
49	Elliott	Simon	Notts AC	C
50	Brown	Rick	Lochaber Athletic	DF
51	Firth	Andrew	Clayton Le Moors	C
52	MacLeod	Murdo	Westerlands	D
53	Hepburn	John	Lochaber Athletic	AC
54	MacRae	John	Lochaber Athletic	AC
55	Barrow	George	Todmorden Harriers	D
56	Rogers	David	Westerlands	C
57	MacBeath	Niall	Lochaber Athletic	A

58	Whyte	Alexander	Highland Hillrunners	D
59	Soper	Andrew	Vauxhall Motors	
60	Gorman	Manuel	Westerlands	
61	Gorman	Lesley	Lochaber Athletic	CL
62	Wilson	Stephen K	Cumberland	CI
63	Sinclair	Andrew	Macclesfield	
64	Clawson	Stephen	Rosendale	
65	Gorman	Richard M	Westerlands	D
66	Williams	Gwilym	Clayton Le Moors	DE
67	Appleby	Jonathan	Highland Hillrunners	C
68	Carr	Kieran F	Clayton Le Moors	D
69	Stott	Jason	Pennine Fellrunners	
70	Holt	Jack	Clayton Le Moors	D
71	Williams	John	Claremont RR	D
72	Lee	Andrew	Rosendale	
73	Noble	Alastair	Girvan AC	D
74	Stewart	Carole	Lochaber Athletic	AL
75	Stewart	John	Lochaber Athletic	A
76	Wood	David	North Fylde	D
77	Horsfield	Richard	Dark Peak	C
78	Blackett	Joe	Middlesbrough	C
79	Terry	Martin	Clayton Le Moors	CE
80	Hayler	Mark	Lancaster & Morecambe	D
81	Robinson	Andrew	Clayton Le Moors	D
82	Lee	John	Todmorden Harriers	C
83	Chapman	Barry	Todmorden Harriers	D
84	Ashworth	Kieron	Clayton Le Moors	
85	Gatehouse	Richard	Lomond Hillrunners	D
86	Sidebottom	Eric	Strathearn Harriers	D
87	Nield	David L	Clayton Le Moors	C
88	Wilkinson	Garry R	Clayton Le Moors	
89	Smith	Jane	Todmorden Harriers	CL
90	Leonard	Richard	Todmorden Harriers	CH
91	Mitchell	Robert W	Clayton Le Moors	D
92	Roberts	Charlotte	Northumberland	CL
93	Gardner	Stewart	Northumberland	D
94	Stewart	Carolyn	Lochaber Athletic	ACL
95	McAndrew	Colin	Lochaber Athletic	ACI
96	Pryce	Carl	Cosmic Hillbashers	C
97	Buchanan	Peter	OchilHill Runners	C
98	Nairns	William	CSSC	G
99	Whalley	Neil	Clayton Le Moors	D
100	Brady	Peter	Clayton Le Moors	
101	Wake	Adrian	Strathearn Harriers	C
102	Thompson	Paul	Clayton Le Moors	
103	Makin	Janet	Achille Ratti	CEL
104	Makin	Dave	Achille Ratti	CE
105	Thompson	Harry	Clayton Le Moors	D
106	Gallagher	Ronnie	Westerlands	C
107	Rumgay	Kenneth	Lochaber Athletic	A
108	MacDonald	Iain	Highland Hillrunners	CJ
109	Allison	Bob	Fife AC	C
110	Legge	Sarah	EZ Carnegie Harriers	L
111	Bowie	Tom	EZ Carnegie Harriers	D
112	Luijf	Paul	KRO	E
113	Brugman	Anton	KRO	E
114	Shaw	Richard	Lochaber Athletic	AC

115	Shaw	Lyndsey	Lochaber Athletic	AL
116	Johnson	Mary	Highland Hillrunners	CEL
117	Talbot	Ana	Westerlands	EL
118	Hannah	Linda	Rossendale	DL
119	Hannah	Paul	Rossendale	C
120	Dobson	Kevin	Bingley Harriers	CF
121	MacKintosh	Willie	Nithsdale AC	D
122	Corbishley	Michael	Rossendale	B
123	Scottney	Richard	Pennine Fellrunners	D
124	Hargreaves	William	West Yorkshire Police	DH
125	Schofield	Derek	Rossendale	DE
126	Hicks	Stephen	Borrowdale Fellrunners	C
127	Holden	Graham D	Lancaster & Morecambe	C
128	Orr	Ernie	Lochaber Athletic	AD
129	Methold	Henry	Lochaber Athletic	AC
130	Delaney	Kevin	Skye & Lochalsh	C
131	Werrett	Tim	Mercia Fell Runners	
132	Brooks	John	Lochaber Athletic	A
133	Brooks	Billy	Metro Running Club	A
134	Marshall	Ian	Cambridge Harriers	DK
135	King	Alec	OchilHill Runners	C
136	Egan	John	Bingley Harriers	
137	Jagan	Anna	Edinburgh University	BEL
138	Jagan	Peter	Bingley Harriers	D
139	Halliday	Robert W	Teviotdale Harriers	C
140	Williams	David N	Lochaber Athletic	AD
141	Coltman	Alan J	Teviotdale Harriers	
142	Robinson	Mick	Notts AC	C
143	Craig	Andrew	Lochaber Athletic	AG
144	Decourcy	Graham	Cambridge Harriers	DK
145	Glen-Riddell	D	Skye & Lochalsh	DE
146	McNeilly	Marion	Lochaber Athletic	AEL
147	McNeilly	Glen	Lochaber Athletic	AE
148	Rodgers	David	Lochaber Athletic	AI
149	Newell	Mark	Cambridge Harriers	CK
150	Halenko	Roman	Clayton Le Moors	D
151	Yeomans	Allan	Rossendale	C
152	Mills	Celia	Kenilworth RC	L
153	Love	Craig	Dundee Hawkhill	
154	Frost	Michael	Clayton Le Moors	C
155	Cooper	Stephen	Ryde Harriers	CK
156	Shaw	Anthony	Todmorden Harriers	
157	Roberts	Sue	Todmorden Harriers	CEL
158	Roberts	Nigel	Carnethy HRC	CE
159	White	Paul	OchilHill Runners	E
160	Strachan	Graham F	Aberdeen Metro	
161	MacDiarmid	Arlene	Lochaber Athletic	AL
162	Lebblinski	C S	Redhill Road Runners	D
163	Whittet	Jeremy	Keith & District	
164	Gorgas	Steffen	Westerlands	E
165	Duxbury	Stewart H	Clayton Le Moors	D
166	Baird	James H	J W Kilmarnock	H
167	Wyatt	Steven	Pennine Fellrunners	C
168	Farquharson	David R	Pitreavie	C
169	Downie	Chris	Lothians & Borders Police	C
170	MacGillivray	Jock	Lochaber Athletic	A
171	Nixon	Ashley	Preston Harriers	C

172	McDonell	Catherine	Lochaber Athletic	AEL
173	Milmoe	Michael	Forres Harriers	D
174	Campbell	Ruairidh	Arbroath Footers	
175	Brannan	Terry	Lothian	C
176	Jablonski	Derek	Lomond Hillrunners	C
177	Gordon	Nicholas	Dumfries Running Club	E
178	Tull	David	Cambridge Harriers	DK
179	Pollitt	Martyn	Burnden Roadrunners	CE
180	Murgatroyd	Ian	Dumfries Running Club	C
181	Ross	Colin	Lochaber Athletic	AI
182	Marsh	John P	Teviotdale Harriers	D
183	Walker	David	Glossopdale	DE
184	Hughes	Bob	OchilHill Runners	D
185	Kent	Paul	Cambridge Harriers	C
186	Hirst	Robert	Clayton Le Moors	D
187	Hill	Mike	Cumberland	C
188	Thompson	Peter	Clayton Le Moors	C
189	Fraser	Simon	Lochaber Athletic	A
190	Greeley	Innes	Lothians & Borders Police	EH
191	Staveley	Andy	Burnden Roadrunners	CE
192	Johnston	Stephen	Milburn Harriers	CE
193	Askwith	Richard	Keswick AC	C
194	Hall	Alex	Cambridge Harriers	C
195	Ralston	Stephen	Lancaster & Morecambe	C
196	Ford	David	Lochaber Athletic	ADE
197	Walker	David	Lochaber Athletic	AD
198	Crook	Edward	Horwich RMI	D
199	Johnson	Barry	Cumberland	D
200	Clarkson	David	Cumberland	C
201	Wilkinson	Peter	Saltwell Harriers	
202	Preston	John	Keighley & Craven	C
203	Rennie	Andrew	Carnethy HRC	C
204	Walsh	Paul	Lytham St Annes	D
205	Slevin	Martin	Coventry Godiva	CH
206	Beaver	Thomas	Shropshire Shufflers	E
207	Byrne	Sara	Lochaber Athletic	AJL
208	Aitken	Morag	Lochaber Athletic	ACL
209	Munro	David	Lochaber Athletic	AC
210	Murray	David	OchilHill Runners	C
211	Kitson	Aileen	Lochaber Athletic	ACL
212	Hainsworth	Liz	Todmorden Harriers	L
213	Gillespie	Robin	Eden Runners	
214	Heywood	Kevin	Kendal AAC	D
215	Goodyear	Ian	Bingley Harriers	D
216	Rodgers	Billy	Royal Navy AC	AG
217	Moriarty	Carl	Pennine Fellrunners	C
218	Thompson	Lee	Clayton Le Moors	C
219	Hindle	Paul	Keighley & Craven	C
220	Gow	Elizabeth N	Lochaber Athletic	AEL
221	Booth	Simon	Borrowdale Fellrunners	
222	Cairns	George	Lochaber Athletic	A
223	Kennedy	Peter	Lochaber Athletic	A
224	Merckel	Chris	Lancaster & Morecambe	D
225	Brierley	Kathleen	Todmorden Harriers	CEL
226	Bradley	Tony	Calder Valley	C
227	Lawrence	Robin	Bingley Harriers	
228	McGuire	Alex	Fife AC	D

229	Horsley	Simon	Howgill Harriers	C
230	Davenhill	Anesti	Shettleston	C
231	Whyte	Angus	Lochaber Athletic	DE
232	Clark	Andrew S	Skye & Lochalsh	EJ
233	Cant	Robbie	Lochaber Athletic	AI
234	McKechnie	Russell	Highland Hillrunners	C
235	Stephenson	Dave	Bingley Harriers	C
236	Bates	Paul	Lancaster & Morecambe	D
237	Brittleton	Peter	Howgill Harriers	
238	Boler	Neville	Dark Peak	D
239	Drummond	Jim	Central AC	D
240	Scott	Dawn	Lochaber Athletic	AL
241	Shaw	Mark	Lochaber Athletic	A
242	Beveridge	Bob	Lomond Hillrunners	
243	MacPherson	Bryan	Lochaber Athletic	ACF
244	Walker	A	Royal Navy AC	CG
245	Pullen	Les	Cambridge Harriers	CK
246	Raistrick	Paul	Highland Hillrunners	EI
247	Gaston	Paul	Hastings Runners	DK
248	Adams	Russell	EZ Carnegie Harriers	E
249	Corner	Julie	Lochaber Athletic	L
250	Smith	Aidan	Otley AC	E
251	Dawe	Heather	Ilkley Harriers	EL
252	Jones	Trefor	Eryri Harriers	C
253	McGuire	Kenneth	Fife AC	C
254	Jardine	Jimmy	Lochaber Athletic	D
255	Davis	Geoff	Northumberland	C
256	Davies	Mark	Royal Navy AC	EG
257	Maitland	John R	Lochaber Athletic	AC
258	Howard	Michael	Radcliffe AC	C
259	Puttock	Simon	Stirling Triathlon	
260	Nicoll	Andrew	Bingley Harriers	E
261	MacKey	Tim	Dark Peak	D
262	Pottie	John	Nairn Road Runners	D
263	Craigie	Andrew	Royal Navy AC	EG
264	Graham	Mark	Cumberland	CH
265	Lancaster	Nick	Skye & Lochalsh	D
266	Templeman	Simon	OchilHill Runners	
267	West	Alison	EZ Carnegie Harriers	DL
268	Pryde	Gordon	Lomond Hillrunners	C
269	Jones	Philip	Prestatyn Running Club	DE
270	Berry	Michael	Bingley Harriers	I
271	MacNab	Graham S	Lochaber Athletic	AC
272	Edge	Graham	Skye & Lochalsh	CE
273	Collins	Richard	Highland Hillrunners	D
274	Brash	Colin	Girvan AC	
275	Ward	David	Cumberland	H
276	Taylor	Nat	Girvan AC	D
277	O'Neill	John	Lochaber Athletic	AC
278	Cant	Stephen	Lochaber Athletic	A
279	Coupland	Fraser	Lochaber Athletic	AC
280	Donaldson	Emmy	Lochaber Athletic	AEL
281	Armstrong	David	Northumberland	C
282	Whitfield	Matthew	Bingley Harriers	EG
283	Whitfield	Beverley	Clayton Le Moors	L
284	Richens	Trevor	Westerlands	E
285	Morrison	Ellen	Lochaber Athletic	AL

286	MacLeod	Andrew	Lochaber Athletic	A
287	Campbell	Brian	Newcastle AC	
288	Lane	James H	EZ Carnegie Harriers	C
289	Rogan	Kevin	Wharfedale Harriers	C
290	McAffee	Clive	Trawden	CE
291	Modley	Paul	Lancaster & Morecambe	C
292	Yetton	David	Portsmouth Joggers	DK
293	Doyle	John F	Lancaster & Morecambe	D
294	Paterson	Donald	Lochaber Athletic	A
295	Horsley	Brian	CVF	DI
296	Simpson	Stuart	OchilHill Runners	
297	Wells	Barry	Newcastle AC	C
298	MacDermid	Lisa	Highland Hillrunners	DL
299	Rogan	Kate	Wharfedale Harriers	BL
300	Cunningham	Michael	Borrowdale Fellrunners	
301	Smith	Bruce	Standard Life AC	C
302	Schofield	Andrew	Borrowdale Fellrunners	
303	Hoyle	Stephen	Rosendale	EG
304	Pearce	Emma	Lochaber Athletic	AL
305	Bellis	Peter	Bolton United Harriers	C
306	Hack	Chris	Portsmouth Joggers	DK
307	Peace	Andy	Bingley Harriers	
308	Rank	Julian	Holmfirth Harriers	C
309	Thornley	Gavin	Carnethy HRC	
310	Bell	David	Newcastle AC	C
311	Rowell	Sarah	Pudsey & Bramley	CL
312	Allen	David	Dark Peak	CE
313	Slinn	Jim	Lancaster & Morecambe	D
314	O'Keeffe	Steven	Cumberland	
315	Osborn	David	Lomond Hillrunners	C
316	Logan	Tony	Lancaster & Morecambe	D
317	Webb	Mike	Tria Team Selinastadt	E
318	Browning	Peter	Clayton Le Moors	C
319	Rumgay	Clare	Lochaber Athletic	AEL
320	Leah	Candice	Clayton Le Moors	EL
321	Horton	Liz	Westerlands	EL
322	McBurney	Brian	Newcastle AC	
323	Devine	Gary	Pudsey & Bramley	
324	Bennett	Mark	Wharfedale Harriers	
325	Turner	Ronnie	Lochaber Athletic	AC
326	Allen	Ken	Notts AC	DE
327	Tighe	Katharine	Lochaber Athletic	ACL
328	Shaw	Andrew	Holmfirth Harriers	C
329	Simpson	Geoff	Hunters Bog Trotters	C
330	Beyts	Angus	Forfar Roadrunners	C
331	Jackson	Steve	Horwich RMI	D
332	Love	Charles S	Dundee Hawkhill	D
333	Munro	Graham	Lochaber Athletic	AE
334	Booth	Robert W	Keswick AC	D
335	Mills	Danny	York Postal Harriers	C
336	Blenkinsop	Harry	Keswick AC	D
337	Marshall	Peter	Todmorden Harriers	D
338	Salkild	Mark	Dark Peak	C
339	Whitfield	R E	Bingley Harriers	D
340	McCallum	Tom	Lochaber Athletic	AE
341	Tait	Richard	Darlington Quakers	D
342	Durn	Chris	Standard Life AC	CE

343	Smith	Ian	Bolton United Harriers	D
344	Irving	Roger	Annan	C
345	Lloyds	Simon	Eden Runners	C
346	Beaty	Andy	Cumberland	CH
347	Beaty	Kate	Cumberland	CL
348	Cant	Ailsa	Lochaber Athletic	AEL
349	Bennett	Sandy	EZ Carnegie Harriers	C
350	Unwin	Richard	Keswick AC	H
351	Farnworth	Dave	Clayton Le Moors	D
352	Whitelaw	Mark	Annan	E
353	MacKellaig	Iain	Lochaber Athletic	A
354	Symonds	Trevor	NYMAC	C
355	Oliphant	Crawford	Carnethy HRC	
356	McCulloch	John	FDS North London	
357	Boull	John	FDS North London	
358	Bell	Richard	Carnethy HRC	
359	Channing	Paul	Portsmouth Joggers	CK
360	Holmes	Ian	Bingley Harriers	
361	Walsh	Martin	Lytham St Annes	D
362	Clare	Sean	Clayton Le Moors	E
363	McCraw	Ron	OchilHill Runners	CE
364	Douglas	Noel	Newcastle AC	C
365	Marks	William	ACKC	E
366	Herron	Darren	ACKC	E
367	Donaldson	Roy	ACKC	E
368	Herron	Samuel	ACKC	E
369	Bailey	Gary	ACKC	E
370	Hanna	Mark	ACKC	E
371	Roberts	Clive	Dundee Hawkhill	C
372	Ross	Susan-Jane	Lochaber Athletic	L
373	Sargent	David	Ellesmere Port	CE
374	Sharratt	Nicky	Lochaber Athletic	AEL
375	Tomlinson	David	Howgill Harriers	D
376	Walker	Jane	Northumberland	CEL
377	Arnott	Luke	Westerlands	E
378	Muir	David	Lomond Hillrunners	CE
379	Smith	Gordon	Lochaber Athletic	AD
380	MacAllister	James	Highland Hillrunners	E
381	Crossley	Tony	East Grinstead & Dist	DK
382	Milne	Ronald W	Forfar Roadrunners	C
383	Cannon	Russell	Helm Hill Runners	C
384	Bray	Kevin	Northumberland	CH
385	Schofield	Sharon	Borrowdale Fellrunners	EL
386	Anderson	Adam	Carnethy HRC	
387	Abercrombie	Colin	Capricorn	EJ
388	Abercrombie	Mary	Capricorn	EL
389	Walker	Robert	Penicuik Harriers	C
390	Clegg	Tim	Keighley & Craven	C
391	Duggan	Peter	Lochaber Athletic	ACE
392	Wolfendale	David	Bowland	D
393	Nuttall	John R	Clayton Le Moors	D
394	Bellarries	Richard	Clayton Le Moors	D
395	Sewell	R E	Morpeth Harriers	C
396	Owens	David	Keswick AC	C
397	Cumming	Mike	Highland Hillrunners	
398	Atkinson	David	Northumberland	C
399	Brown	Philip K	Highland Hillrunners	D

400	Tweedie	Craig	Ambleside AC	E
401	Bindells	Bert	Lochaber Athletic	ADE
402	McGarry	Douglas	EZ Carnegie Harriers	C
403	Breaks	Adam	Calder Valley	
404	Kendall	Mark	Newcastle AC	
405	Prytherch	David S	Eryri Harriers	
406	Jones	D	Eryri Harriers	D
407	Macaninch	Cal	BNRA	C
408	Eunson	Paul	Portobello	C
409	Fegan	Paul	Newcastle AC	E
410	Marshall	Brian	H.E.L.P.	
411	Benny	Graham	Westerlands	D
412	Wilson	Alan	Skye & Lochalsh	C
413	Wilson	Colin	Carnethy HRC	CE
414	Wilson	Joan	Carnethy HRC	CEL
415	Fudge	Steven	Lochaber Athletic	A
416	Whyte	Ken	Lochaber Athletic	AD
417	McDougal	George	Morpeth Harriers	CE
418	Balmer	Gary	Clayton Le Moors	E
419	Winning	Martin	Pompey Joggers	DE
420	Parritt	Andy	Dartmoor Runners	CE
421	Martin	Ally	Dartmoor Runners	EL
422	Little	Christopher	Northumberland	E
423	Doidge	John	Dartmoor Runners	CE
424	Walker	Harry D	Clayton Le Moors	D
425	Foster	Mark	Edinburgh Road Club	CE
426	Mitchell	Rob	Teviotdale Harriers	D
427	Hewitt	Derek	Kendal AAC	C
428	Pattinson	Richard	Pudsey & Bramley	E
429	Fairhurst	Russell	Keighley & Craven	CE
430	Kendall	Ian	DML Running Club	CE
431	Gray	Stuart	Lochaber Athletic	AC
432	McLoughlin	Garry	Newcastle AC	E
433	Crabtree	Paul	Keighley & Craven	
434	Davies	Chris	Saddleworth Runners	D
435	Nee	Shaun	Notts AC	DE
436	McQueen	James	Eryri Harriers	
437	McCall	Andrew	Greenock Glenpark	E
438	Crowthier	Andrew	Lancaster & Morecambe	E
439	Mitchell	David	J W Kilmarnock	
440	Welsh	Sally	Northumberland	EL
441	Welsh	Allon	Northumberland	CE
442	Scott	David	OchilHill Runners	CE
443	Leal	Andrew	Ryde Harriers	C
444	Lawton	Jean-Marc	Exeter Harriers	CEK
445	Booth	Brian F	Radcliffe AC	D
446	McDonald	Dennis	Cosmic Hillbashers	C
447	Rankin	Iain A	Greenock Glenpark	CE
448	Jebb	Pete	Bingley Harriers	
449	Spencer	Nick	Morpeth Harriers	CEH
450	Williamson	Jason	Garioch Road Runners	
451	Diver	Michael	Clydesdale Harriers	
452	Atkinson	Paul	The Last Inn Runners	C
453	Scott	Callum	Northern Constabulary	AEH
454	Urmston	Colin W	Clayton Le Moors	CE
455	Belfield	Brian	Staffordshire Moorlands	DE
456	Laing	Martin	Fife AC	C



457	McLoughlin	Michael	Preston Harriers	DE
458	Isherwood	Neil	Bolton United Harriers	
459	Cowan	Richard	Willowfield Harriers	
460	Magee	Ian	Skipton AC	E
461	Cowan	Ricky	Willowfield Harriers	D
462	Pugh	Roderick	J W Kilmarnock	C
463	Stewart	James	Lochaber Athletic	AD
464	Anthony	Alasdair	OchilHill Runners	E
465	Anderson	Adam	Dumfries Running Club	
466	Murdoch	Fletcher	Maryhill Harriers	D
467	Small	Michael	Portsmouth Joggers	CE
468	Welsch	Brian T	BNRA	E
469	Elliott	Martina	Lunchtime Legends	EL
470	Limbu	Kumar	BNRA	E
471	Honeyman	Steven	North York Moors	C
472	Warren	Arthur	Radcliffe AC	D
473	Stevenson	Brian	Pudsey & Bramley	C
474	Williams	Edwin	Eryri Harriers	C
475	Waterworth	David	Clayton Le Moors	C
476	McAra	Bish	Westerlands	CE
477	Nicholson	David	Preston Harriers	C
478	Walsh Jr	Paul	Lytham St Annes	E
479	Copeland	Barry	Stonehaven Splash 'n' dash	CE
480	Trevor	Gordon	Shrewsbury AC	D
481	Lavery	Colin J	Cosmic Hillbashers	DE
482	Giles	Steve	Kettering Town Harriers	E
483	Heath	Fred	Nuneaton Harriers	CE
484	Ford	Michael	Bingley Harriers	D
485	Daly	Nick	Rosendale	C
486	Porteous	David	Lancaster & Morecambe	D
487	Forster	Stephen	Preston Harriers	
488	MacSween	Alasdair	Skye & Lochalsh	C
489	Kelly	Paul	Darlington Harriers	C
490	Thompson	Fabienne	EZ Carnegie Harriers	L
491	Davison	Robert	Dark Peak	
492	Bamber	Steven	Preston Harriers	C
493	Jeffrey	Michael	Northumberland	CE
494	Steel	David	Northumberland	E
495	MacLennan	Lyn	Lochaber Athletic	AL
496	Fortes	Shaun	Dewsbury Road Runners	CE
497	Smith	Andy	Telford AC	CE
498	Johnson	Alex	Macclesfield	E
499	Thompson	Michael	Dewsbury Road Runners	CE
500	Addyman	Philip	Northumberland	E